



Notice of Funding Available: Sexuality Education

Deadline to Apply: June 8, 2022

Overview

The Missouri Developmental Disabilities Council (MODDC) has approved funding for a three year project for \$150,000. The overall goal is to provide comprehensive sexuality education training to self-advocates and advocates that also engages participants to become future trainers.

NoFA 2022.SED.04

Schedule

This NoFA will be governed by the following schedule:

- NoFA posted: 4/13/2022
- Deadline for written questions: 5/2/2022 12:00pm CST
- Q&A Webinar: 5/4/2022 2:00pm CST
- Applications due: 6/8/2022 5:00pm CST
- Staff review: 6/13/2022
- Project Development Committee review: 6/27/2022
- Council approval: 7/14/2022
- Award recipients announced: 7/18/2022
- Contract negotiations and signed contracts: 7/25/2022
- Project begins: 8/15/2022
- Project ends: 8/15/2025

Background

About MODDC

MODDC is an independent entity that is funded by the Administration on Disabilities (AoD), Administration for Community Living (ACL), U.S. Department of Health and Human Services in accordance with the Developmental Disabilities Assistance and Bill of Rights Act 2000 (DD Act). You can [learn more about AoD and the DD Act](#) on ACL's website. The Council's Mission

is to assist individuals, families, and the community to include all people with developmental disabilities in every aspect of life. To learn more about developmental disabilities (DD), including the federal definition of DD, check out our [Frequently Asked Questions](#).

About Our State Plan

MODDC expects this project to help MODDC meet the following 2022-2026 State Plan objective:

Healthy, Educated and Connected People Thrive: *Missourians with Developmental Disabilities live in safe communities that enhance quality of life across the lifespan. This includes, but is not limited to, barrier-free access to transportation, technology, healthcare, education, employment, housing, social services, cultural activities, and recreation.*

Objective 2b: *By September 20, 2026, implement three system change activities that deliver enhanced equity of people with I/DD.*

Project Description and Scope of Work

Project Description:

This three-year project will provide comprehensive sexuality education to self-advocates and advocates. The grantee for this project will engage with a nationally recognized curriculum to both provide trainings, and train self-advocates and advocates as trainers on this topic.

The Council considers “comprehensive” to mean that this education should be inclusive of but not limited to the physical and biological aspects of human sexuality. The final curriculum would be approved by MODDC staff. A comprehensive sexuality education curriculum would educate about body autonomy, sexual self-advocacy and healthy relationships. Furthermore, a comprehensive curriculum would explore the intersectionality of sexuality and employment, healthy relationships, advocacy, unnecessary legal actions and many other aspects of a self-advocate’s life.

A curriculum must be identified and agreed upon no later than 60 days after a contract is fully executed between the grantee and MODDC. After the selection of an approved, nationally recognized curriculum, the grantee will work over the remaining portion of the three-year grant period to train, support, and train future trainers in this important work. As with all MODDC grants, a sustainability component must be built in to the application so work can continue after MODDC funding has been expended.

Working Premises:

In 2018, the Information and Technical Assistance Center for Councils on Developmental Disabilities (ITACC) and, the National Association of Councils on Developmental Disabilities (NACDD) published a [special report](#). The report focused on statistical information pertaining to the sexual abuse and exploitation rates for people with Intellectual and Developmental Disabilities (IDD). The report sites risk factors including the following:

- Lack of education about sexual development and anatomy

- Lack of information on abuse awareness
- Lack of healthy relationship education
- Lack of age appropriate friends

Depending on the study, research shows people with disabilities are anywhere from 4-10 times more likely to experience sexual abuse in their lifetime According to a recent National Public Radio (NPR) 2017 show, an estimated 72% of rapes are committed by someone a victim knows, but for women with disabilities, that percent is even higher For victims with disabilities, their rapist is known to them 86% of the time.

Additional risk factors for sexual abuse and exploitation for individuals with I/DD include but are not limited to:

1. Dependence on others
2. Culture of compliance
3. Misperception of not being credible
4. Needing assistance for daily living
5. Little, or no sexuality education
6. Mobility and communication challenges
7. History of negative healthcare/legal experiences
8. Myth and stereotypes

The Missouri DD Council has invested substantial resources in addressing many of the issues that intersect with sexuality education, most notably through the work of the Victimization Task Force. While the task force has made significant progress impacting systems change once an individual has reported abuse, the preventative and educational measures leading up to that point have not been addressed by the Council. Lack of education and awareness in human sexuality remains a system of oppression that is preventing self-advocates from living full lives. Providing a comprehensive sexuality education model that is sustainable will result in systems change that will serve to dismantle this system of oppression faced by the I/DD community.

Scope of Work:

- Participation in Training will be:
 - Atleast 50 self-advocates participate in the training
 - 100 total participants in the training
 - 20% of total participants are trained as trainers; 60% of which will be self-advocates
- Utilize an already established, nationally recognized education curriculum that addresses all dimensions of sexuality for people with I/DD
 1. Survey self-advocates and advocates to help guide curriculum selection and determine unmet needs in this community
- Ensure that curriculum is culturally competent, educating across the spectrum of sexual identities including LGBTQ+ communities
- Ensure that training is trauma-informed and relevant Missouri resources are provided to all participants, including but not limited to:
 1. [Missouri Adult Abuse and Neglect Investigations System Map \(MAANIS\)](#)

- Specifically covering how to report Abuse, Neglect or Exploitation
- Providing an overview of the resources on Abuse [Awareness and Prevention including](#), tools, guides, and videos
- Establish a communication and recruitment plan that:
 1. Engages both urban and rural populations accounting for the Digital Divide.
 2. Engages youth ages 15 (beginning of High School)- older adults, aged 65+
 3. Engages both advocates and self-advocates
- Recruit participants for training as well as train leaders, to ensure project sustainability
 1. Ensure that self-advocates are trained as leaders and facilitators
 2. Provide ongoing support to trainees as needed
 3. 6 month, post certification survey of trainees
- Facilitate all trainings of participants, including virtually, if necessary
- Have a sustainability component that enables this work to continue in Missouri past the window of the grant from MODDC that does not include future fees for participants.
- Track all participants in the program and provide outcomes reports to MODDC:
 1. Quantitative Data: number of participants (self-advocates and advocates separated), number of advocates trained, number of trainings facilitated, partnerships
 2. Percentage of people with I/DD who report increasing their advocacy as a result of this training
 3. Percentage of people who are better able to say what they want, what services and supports they want or what is important to them as a result of this training
 4. Satisfaction of program participants
 5. Number of promising practices created and supported
 6. Number of best practices created through this training
 7. Qualitative Stories of Impact
- Training outcomes will be evaluated and training will be revised and modified based upon lessons learned.
- Submit a plan outlining how trauma-informed communication and facilitation will be utilized throughout the project. This includes how those who self-report that they have been victims of abuse, neglect or exploitation will be connected to appropriate resources and how staff will ensure that mandated reporting expectations are met.
- Order and organize all materials for program
- Provide technical help and registration for ongoing trainings through the year
- Develop a project timeline that establishes milestones throughout the duration of the three year project to accomplish key project components
- Confirm and prepare speakers, if necessary
- Review and ensure accessibility of materials to include disability and language access (e.g., PowerPoints, videos, visual aids, interpreting/translation services, etc.).
- Review accommodation requests of participants (disability, language access, dietary) and ensure supports are available to accommodate request for grant activities
- Create and issue any necessary request for bids (e.g., hotel, catering, speakers, interpreter/translation services, etc.) and securing these services when necessary

- Develop and implement a scholarship/reimbursement process to cover expenses for training participants who may not be able to afford to participate otherwise.

Funding

Maximum Funding and Duration

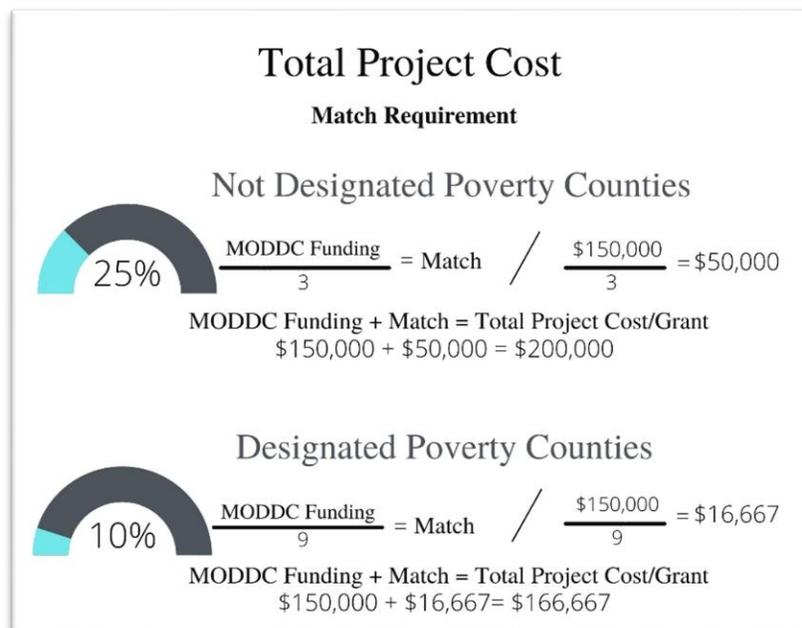
The MODDC may award a maximum of \$150,000 over three years. MODDC reserves the right to negotiate the budget as needed and may choose not to award funding this project.

MODDC funds may not be used for capital expenditures or acquisitions, contraction, remodeling, rental or purchase of buildings. These grant funds cannot be used for ongoing organizational activities, to supplant existing private, state or federal funding sources, to purchase equipment or furnishings, or to duplicate or replace existing services provided to people with developmental disabilities.

All funding for this NoFA is contingent on receipt of MODDC federal grant funding. MODDC may choose to reduce the amount of grant funding at the time of the grant award.

Match Requirement

MODDC requires that grantees provide a matching contribution. Matching contributions may include funding, volunteer hours, or other “in-kind” donations, such as office space and utilities. Other federal funds may not be used was match. Items or funds that are used for match for another project funded with federal funds also may not be used as a match.



MODDC funds may not pay for more than 75% of the total project cost for projects located in counties not designated as federal poverty areas. MODDC funds may not pay for more than 90% of total project cost for projects located in counties designated as federal poverty counties. The remainder of the project costs must be provided as a match. An online tool from IndexMundi provides information related to [Missouri Poverty Rate by County](#).

Continuing Funding

Continuation funding will be based on a review of the project's accomplishments, progress towards stated goals and objectives, financial management of funds, compliance with reporting requirements, review of the most recent program audit, review of findings of MODDC's onsite reviews, development of alternative funding, and the availability of MODDC funds.

MODDC does not plan to provide funding for these projects beyond the number of years offered in this NoFA.

Allowable Expenses

Purchased equipment necessary for the successful accomplishment of project outcomes must only come from the project match.

Rented equipment necessary for the successful accomplishment of project outcomes may be invoiced up to 2% of MODDC's total funds. Prior approval from MODDC staff is required for rental equipment exceeding 2% of MODDC funds.



Four tests in determining allowability of costs:

Reference – 45 CFR 75; § 75.403

1. Reasonable and necessary: costs that would be incurred by a prudent person, necessary for grant's performance;
2. Allocable: traceable to specific activities of the project ;
3. Consistent: assignment of costs to cost objectives – avoid duplicative charges;
4. Conformance (allowability): expenditures are permitted and not specifically prohibited by terms and condition of the Notice of Award.

Application Process

Application Package

If your organization is interested in applying, please submit an application package to moddc@moddcouncil.org by June 8th, 2022 at 5:00pm CST. The application package must include the following:

- Responses to the Application Questions (pg. 9);
- A detailed budget that includes spending estimates for each Federal Fiscal Year (October 1 to September 30);
- A workplan for the length of the project (3 years);
- Letters of support (optional).

Q&A Webinar

MODDC values a supportive and transparent NoFA process. An informational webinar will be held to address any questions potential grantees may have regarding the project or the NOFA process. This webinar is to ensure that all potential grantees are well informed and all have the same information.

It is encouraged that questions regarding this grant solicitation must be submitted by the suggested date noted in the Schedule. Questions should be submitted in writing via email to moddc@moddcouncil.org in care of Leigh Anne Haun by May 2, 2022 at 12:00pm CST. However, the Q&A session will allow for additional questions.

Q&A Webinar Details:

- **Questions submitted by May 2, 2022 at 12:00pm CST**
- **Webinar on May 4, 2022 at 2:00pm CST**
- **Zoom Meeting ID: 858 7725 9775**
- **Zoom Password: 260199**

All questions and answers addressed during Q&A webinar will be posted on the MODDC website within 48 hours of the webinar.

Evaluation Process

Application packages submitted by the deadline will undergo a technical review. Minimum criteria include meeting applicant eligibility requirements, submitting a complete application package, and not exceeding the maximum funding allowed.

Application packages meeting the minimum criteria will be evaluated for quality, applicability and appropriateness of responses, innovation, projected performance measures, cost effectiveness, and organization capacity to successfully achieve the project's goal and objectives.

The Project Development Committee of the MODDC will evaluate each application package based on how well the application package responds to the NoFA and instructions in the application questions, and the extent which the proposed project may move MODDC closer to meeting the State Plan Goals and Objectives. The Committee will consider only the information included in the application package. Applicants will not have the opportunity to clarify or add to

the information provided in the application package after the deadline unless they are awarded the grant. MODDC will only review materials included in the application package.

Requirements

Qualifications and Organizational Experience

Any organization that receives an MODDC grant must be able to disburse funds for project activities and expenses, complete MODDC's forms correctly and on time, and be legally able to receive grant funds to reimburse the organization for expenses.

Applications must show that the organization submitting the application has the infrastructure, experience, and capability to implement project activities successfully. Applications also must demonstrate that the organization can manage funds effectively.

Applications should also summarize the organization's successful projects as well as work/research completed with unserved/underserved populations and marginalized communities.

Addressing Disparate Impact

In this plan cycle, both the MODDC and our partners on the federal level have become increasingly concerned that certain people with disabilities experience additional marginalization as a result of race, ethnicity, economic status, age, sexual identity and orientation, geographic or disability diversity.

As such, each application for Council funding must identify an unserved or underserved group which is additionally affected by this issue. Identify particular strategies you will use to ensure that any disparate impact on this group is ameliorated. The group identified may be racially, ethnically, sexually, economically, geographically or disability diverse. The goal here is to lessen the level of disparity experienced and to engage those who experience this disparity as integral partners in the work of your proposed project. To be clear, 'disability' in and of itself is not to be considered cause for disparate impact as people with disabilities are the target of all of this Council's efforts. We are looking for those circumstances that are experienced by people in addition to their disability that causes further roadblocks to reaching their goals.

Project Communications

Grantees will work with MODDC to develop and execute a communications plan for their project. Plans could include promoting grantee activities via external communications, raising awareness about products created as part of the project (if any), and developing required stories about the project's impact at both the community and personal level. All communications products must be approved by MODDC.

Reporting

Grantees must submit quarterly reports, continuation applications to request additional funding if needed, and a final report at the end of the grant. These must be submitted on time. MODDC Program Coordinators will provide more information about these processes to the selected applicant.

Grantees also must report on federally-defined Performance Measures. MODDC staff will provide assistance to grantees to understand the Performance Measures.

Terms

Applicants must agree to the following terms:

- Applicants must disclose any conflicts of interest between themselves and MODDC Council members, employees or their immediate families.
- Applicants must use respectful language, [people first language](#).
- All information and resources created through this project must be available in Spanish and accessible to people of all abilities (this includes printed and digital documents, websites, images, flyers, etc.). Funding for this should be included in the budget.
- Videos, DVDs and teleconferencing and distant learning activities produced by this project must be fully accessible. Any videos or DVDs must be captioned and online video platforms must meet accessibility standards.
- MODDC will retain rights to all products created using funding awarded through this NoFA.
- MODDC reserves the right not to fund any application under this announcement.

MODDC Assurances

The following terms and conditions apply to organizations awarded MODDC grant funds:

- The Council reserves a royalty-free, non-exclusive, irrevocable license to reproduce, publish or otherwise use, and to authorize others to use, any work developed under any grant awarded by MODDC.
- Final drafts of any training materials, publications, videos, websites, or other products shall be reviewed and approved by the MODDC prior to dissemination to the general public. Products must prominently display the MODDC logo and must acknowledge Council funding (e.g. "Funding for Sexuality Education provided by the Missouri Developmental Disabilities Council, grant Grant No.: 2101MOSCC5-00, as authorized by Public Law 106-402 - Developmental Disabilities Assistance and Bill of Rights Act 2000.")
- Grantees shall administer and report survey results using an accessible survey format, capturing satisfaction survey of performance measures for MODDC's annual reporting.
- Reasonable steps must be taken in order for programs and materials to be provided in a linguistically competent manner, complying with the Civil Rights Act of 1964, Title VI. Grantees must take reasonable steps to provide meaningful access to their programs by persons with limited English proficiency (LEP). Grantees will provide language assistance services in order to comply with Title VI, should implement policies and procedures to provide information in appropriate languages and ensure that LEP persons are effectively informed of and have meaningful access to covered programs.
- The grantee will be required to complete and submit state and federal contract and assurance forms as a condition of grant award.

Application Questions

Applications must include relevant information to assist MODDC to better understand and address the experiences of diverse groups of people who are unserved and underserved (including but not limited to, people of color, people living in rural areas, socio-economic status, sexual orientation and gender identity, religion, and disability). Applications must include the following:

1. Executive Summary (500 words max)

Write a short summary that clearly states the goals of your project, the major activities of the project, and what impact the project will have on people with developmental disabilities and their families. List the county or counties you plan to serve and note if any of them are poverty counties.

2. Detailed Narrative (1,000 words max)

Describe the project, keeping in mind the NoFA. Address all NoFA sections. The detailed narrative should include the following items:

- A plan to reach out to communities that are unserved/underserved, and steps taken to create a culturally and linguistically competent project.
- Address all areas of "Purpose and Scope of Work" sections (pg. 2-4 of NoFA document)
- Develop a methodology of how outreach to culturally informed stakeholders and/or cultural brokers will be identified for the project
- Develop a methodology to identify a measure cultural competence of the project
- Provide a summary of previous work experiences in the areas of multi-cultural and/or social justice projects

3. Project Evaluation (500 words max)

Explain how you will evaluate your success in reaching your project's stated goals and participant satisfaction.

4. Sustainability (500 words max)

Describe how you will achieve lasting or permanent change through this project and how you will make sure project activities will continue after MODDC funding ends.

5. Qualification (500 words max)

Please address the requirements noted in the "Requirements: Qualifications and Organizational Experience" section of the NoFA. Describe your organizations' purpose and experience, and that of your partners as it relates to this project.

List the qualifications of each person who will occupy a key position, such as the Project Director, and additional staff (if there are any), and others who will be significantly involved in implementing your project.

Include your organization's mission statement and, if applicable, explain how you support and promote full inclusion of people with disabilities and those of diverse backgrounds.